







## Disliked (Makrooh)

These are disliked acts. There are two kinds of makrooh acts

1. Prohibitively disliked (*Makrooh Tahrimi*)  
These are those acts that are firmly commanded to leave through a text which is open to the possibility of interpretations (*dalil dhanni*). These are close to Forbidden (*Haram*) acts.
2. Somewhat Disliked (*Makrooh Tanzihi*)  
Those acts which are considered improper in *Shariah*. It is recommended to not perform these.

## Taharat (Purification)

Taharat means to remove impurity.

### Taharat of body

1. Impurity such as urine, stool, blood
2. The part of body that has *najasat* should be washed
3. We are ordered to clean those parts of body where there is possibility of dirt, sweat etc getting accumulated.
4. Ummul Momineen Ayesha Radi Allahu Anha said, Prophet صلى الله عليه وسلم said, there are 10 things that are from natural temperament and Taharat
  - a. Trimming moustaches – it is permissible to keep moustache but it should not be so long that it gets into food and drink
  - b. Cleaning pubic hairs – It is makrooh to not clean it after 40 days
  - c. Trimming nails – It is recommended to trim them at least every Friday. Trimming / cutting nails with teeth is forbidden.

Note:

- There are three things that must be buried
  - Hair
  - Nail
  - Blood
- These should not be thrown in dirty places





## Fiqh & Etiquette of Shower and Istinja

1. Cover your head before you enter
2. Say the following dua before entering the toilet
3. If you forget to say the dua, then say tasmiyah in your heart.
4. Enter the toilet with LEFT foot
5. Step out with RIGHT foot first and read the dua.

(بِسْمِ اللَّهِ) اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ

غُفْرَانَكَ يَا حَمْدُ لِلَّهِ الَّذِي  
أَذْهَبَ عَنِّي الْأَذَى  
وَعَافَانِي ۝

O ALLAH! I seek Your pardon. All praises are due to ALLAH Who has taken away from me discomfort and granted me relief.

6. For Tatharah it is Musnoon (preferred) to use both water and toilet paper. Using just the toilet paper is also permissible.
7. Gather your cloths before sitting on the toilet (saving it from najasat)
8. Wash your hands thoroughly after using the toilet.
9. Remove ring or anything which has Allah's name on it before entering the toilet.
10. Flush and clean the area before leaving.

## Some Makruhaat and disliked actions that one should abstain from.

1. Do not talk or zikr in the bathroom or reply to the Salaam.
2. Do not unnecessarily see you private parts or see your najasaat.
3. Do not spit in the area of Najasaat (Dirty area).
4. Do not stay any more than needed.
5. Do not sit facing Qibla or face your back toward it.
6. Do not use right hand to do Istinja (wash your private parts).
7. Do not do Istinja in still or following (stream) water.
8. Do not do Istinja under a shady tree
9. Do not do Istinja at a place where people sit.



